



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	LEO Amanda	SWE	#391		1 DF	01:00:19	5'02	Apladalens LK
2	ORBAN Freya	SWE	#357		2 DF	01:01:51	5'09	Salomon Running Elite/IFK Lund
3	ERLINGSON Caroline	SWE	#318		3 DF	01:02:34	5'13	Ryssbergets IK
4	KINDLUNDH Lotten	SWE	#412	00	1 F18F	01:03:25	5'17	FK Finn
5	JENSEN Tilde	SWE	#330		4 DF	01:05:43	5'29	Ryssbergets IK
6	RENTNER Malin	SWE	#364		5 DF	01:08:52	5'44	Lödde Tri
7	NILSSON Olivia	SWE	#392	98	6 DF	01:13:02	6'05	OK PAN KRISTIANSTAD
8	WADSTRÖM My	SWE	#383		7 DF	01:15:56	6'20	Stehag
9	NILSSON Liselotte	SWE	#352		8 DF	01:16:09	6'21	Löddeköpinge
10	ELIASSON Emma	SWE	#400	85	9 DF	01:16:10	6'21	Malmö
11	STOLTZ Alexandra	SWE	#375		10 DF	01:16:27	6'22	Team Aljen
12	YSBERG Frida	SWE	#388		11 DF	01:16:51	6'24	Bräkne-hoby
13	ROOS Therese	SWE	#365		12 DF	01:16:52	6'24	Cwc Lyckeby
14	LINDQVIST Elin	SWE	#340		13 DF	01:17:11	6'26	Non Licensed
15	NOBEL Agnes	SWE	#353		14 DF	01:17:37	6'28	Stockholm
16	THÖRNBERG Rebecca	SWE	#382		15 DF	01:17:40	6'28	Karlskrona
17	TANNÉR Elin	SWE	#379		16 DF	01:18:18	6'31	Malmö
18	STRÖM Lovisa	SWE	#396	81	17 DF	01:19:16	6'36	Kristianstad
19	JOHNSON Pernilla	SWE	#332		18 DF	01:19:40	6'38	Näset triathlonklubb
20	EKELUND Ulrika	SWE	#317		19 DF	01:19:42	6'38	Ödåkra
21	SIVESAND Hanna	SWE	#394	74	20 DF	01:19:49	6'39	Kristianstad
22	CESCON Marzia	SWE	#397	82	21 DF	01:19:54	6'39	Malmö
23	THORÉN Nina	SWE	#381		22 DF	01:19:59	6'40	Dalby
24	EGRENIUS Beata	SWE	#339	67	23 DF	01:20:01	6'40	FK Åsen
25	LUEDTKE Eva	SWE	#342		24 DF	01:20:02	6'40	Hofterup
26	JULIUSSON Johanna	SWE	#334		25 DF	01:20:12	6'41	CWC Lyckeby
27	PETERSEN Frida	SWE	#361		26 DF	01:20:16	6'41	Lund
28	HEDMAN Emilia	SWE	#322		27 DF	01:20:17	6'41	Malmö Gerillalöpare
29	ANDERSSON Ulrika	SWE	#305		28 DF	01:21:06	6'45	Vinslöv
30	ANDERSSON Malin	SWE	#304		29 DF	01:21:44	6'49	Cwc Lyckeby
31	OLSSON Sabina	SWE	#356		30 DF	01:22:06	6'50	OK PAN KRISTIANSTAD
32	STRÄNGBY Anna	SWE	#376		31 DF	01:22:08	6'51	Höör
33	SKARP Lisa	SWE	#372		32 DF	01:22:11	6'51	Helsingborg



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34	HALLENGREN Emelie	SWE	#320		33 DF	01:22:37	6'53	Karlskrona
35	MAGNUSSON Helen	SWE	#347		34 DF	01:22:45	6'54	Karlskrona simsällskap
36	SÜLAU Katarina	SWE	#378		35 DF	01:22:46	6'54	Kristianstad
37	HEDBERG Kristina	SWE	#321		36 DF	01:22:48	6'54	Ystads IF Friidrott
38	LUNDBERG Therese	SWE	#344		37 DF	01:23:26	6'57	Non Licensed
39	LUNDBERG Maria	SWE	#343		38 DF	01:23:37	6'58	Meihem Workout
40	JANGVERT Josefine	SWE	#329		39 DF	01:24:25	7'02	Näset triathlonklubb
41	LUNDGREN Sara	SWE	#345		40 DF	01:25:12	7'06	Runacademy IF
42	IZZAT Samira	SWE	#328		41 DF	01:25:15	7'06	Lund
43	PERSSON Alice	SWE	#411	04	2 F18F	01:25:19	7'07	OK Tyringe
44	SANDGREN Jenny	SWE	#368		42 DF	01:25:20	7'07	Team Aljen
45	HOLMSTRÖM Sandra	SWE	#325		43 DF	01:26:49	7'14	Sölvesborg
46	JOHANSSON Mia	SWE	#393	72	44 DF	01:27:09	7'16	Frosta Multisport
47	MALMGREN Jill	SWE	#348		45 DF	01:27:42	7'18	Non Licensed
48	SKOG ENEROTH Eva	SWE	#373		46 DF	01:28:02	7'20	Non Licensed
49	JONASSON Karolina	SWE	#333		47 DF	01:28:17	7'21	Karlskrona
50	WALLIN Susanne	SWE	#384		48 DF	01:28:43	7'24	Kraftkällan Evenemang
51	ANDERBERG Emma	SWE	#303		49 DF	01:28:45	7'24	Lomma
52	WESSEUS Emelie	SWE	#385		50 DF	01:28:51	7'24	IK Vinco
53	SVENSSON Susanne	SWE	#377		51 DF	01:29:28	7'27	Nässjö
54	JÖNSSON Luisa	SWE	#335		52 DF	01:29:57	7'30	Ystads IF friidrott
55	LINDQVIST Karin	SWE	#341		53 DF	01:30:01	7'30	Stigmännens Karlshamns OK
56	FRIBERGER Katarina	SWE	#319		54 DF	01:30:51	7'34	Baconbrudarna
57	SIGURDARDOTTIR Solveig	SWE	#369		55 DF	01:31:04	7'35	Kristianstad
58	CAMETORN Carina	SWE	#311		56 DF	01:31:11	7'36	Spring i Önnared
59	METZ Cicilia	SWE	#350		57 DF	01:31:16	7'36	Näsets Triathlonklubb
60	BARNHOLDT Katja	SWE	#306		58 DF	01:33:11	7'46	Helsingborg
61	WALLTOFT Sofia	SWE	#359		59 DF	01:34:10	7'51	Walltofts Training
62	E-NILSSON Ulrika	SWE	#315		60 DF	01:34:10	7'51	Åhus
63	HÖSKULDSDÓTTIR Anna	SWE	#327		61 DF	01:34:31	7'53	Åhus
64	AHRENT Elisabeth	SWE	#302		62 DF	01:34:35	7'53	Sankt OLOF
65	SJÖFN H-WIMAMS Iona	SWE	#390	91	63 DF	01:37:13	8'06	DK
66	SJÖLANDER Ulrika	SWE	#370		64 DF	01:37:18	8'06	Degeberga



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67	VON HORN Mikaela	SWE	#395	86	65 DF	01:38:44	8'14	Malmö
68	CEHLIN Tina	SWE	#312		66 DF	01:39:27	8'17	Sölvesborg
69	BJÖRNSLÄTT Malou	SWE	#309		67 DF	01:40:13	8'21	Veganrunners IK
70	CHRISTERSON Carolina	SWE	#314		68 DF	01:40:42	8'23	Sölvesborg
71	ÖHLIN Ann	SWE	#389		69 DF	01:41:54	8'29	Stigmännens Karlshamns OK
72	THOREN Marie	SWE	#380		70 DF	01:44:45	8'44	Enköpings Allmänna Idrottklubb
73	LUNDH NOTEFORS Annica	SWE	#346		71 DF	01:44:48	8'44	Tollarp
74	CELIND Johanna	SWE	#313		72 DF	01:44:52	8'44	Kristianstad
75	OLOFSSON Anette	SWE	#399	73	73 DF	01:45:04	8'45	Helsingborg
76	WHITE Signe	SWE	#386		74 DF	01:46:42	8'53	Svedala
77	NACKAN Elise	SWE	#351		75 DF	01:47:28	8'57	TeamNordicTrail
78	PAJALIC Zada	SWE	#398		76 DF	01:47:47	8'59	Kristianstad
79	NORDIN Eva	SWE	#354		77 DF	01:51:26	9'17	Runacademy IF
80	KARLSSON Katarina	SWE	#337		78 DF	02:10:17	10'51	Meihem Workout



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1	ÖSTENSON Björn	SWE	#601		1 HM	00:49:34	4'08	Ryssbergets IK
2	MÅRTENSSON Lukas	SWE	#618	98	2 HM	00:50:21	4'12	IF Udd
3	BOREBACK Axel	SWE	#622	82	3 HM	00:52:04	4'20	Växjös Löparklubb
4	JONSSON Johan	SWE	#544		4 HM	00:54:13	4'31	Falkenberg Allstars
5	MALMROS Henrik	SWE	#616	80	5 HM	00:54:18	4'31	KSK Triathlon
6	ARVIDSSON Robin	SWE	#507		6 HM	00:57:30	4'47	Falkenberg Allstars
7	RAFSTEN erik	SWE	#580		7 HM	00:57:54	4'49	privat
8	NILSSON Calle	SWE	#562		8 HM	00:58:18	4'51	Freeflow Hässleholm
9	JONSSON Mattias	SWE	#545		9 HM	00:58:28	4'52	Heleneholms IF
10	EWALD Johan	SWE	#525		10 HM	00:58:47	4'54	Heleneholms IF
11	ENEROTH Leo	SWE	#631		1 P18M	00:58:49	4'54	Malmö gerillalöpare
12	FRIBERGER Harald	SWE	#528		11 HM	01:00:58	5'05	Fallskärmsjägarna
13	JOHANSSON Gusten	SWE	#614	71	1 -M	01:01:11	5'06	Frosta Multisport
14	DAHLBERG Mattias	SWE	#518		12 HM	01:01:22	5'07	Riseberga Roadrunners
15	PRABIN Simon	SWE	#579		13 HM	01:01:25	5'07	Lund
16	MÅNSSON Erik	SWE	#559		14 HM	01:03:36	5'18	Åhus
17	GUNNARSSON Linus	SWE	#620	86	2 -M	01:04:13	5'21	Staffanstorp
18	TEDGÅRD Joel	SWE	#591		15 HM	01:04:27	5'22	Memnon IF
19	VIGÄLV Thomas	SWE	#596		16 HM	01:04:42	5'23	Karlshamn triathlon
20	DAHLSTEDT Pontus	SWE	#519		17 HM	01:05:32	5'28	Vegan Runners IK
21	GÖRANSSON DAHL Carl	SWE	#632		2 P18M	01:05:35	5'28	Non Licensed
22	HANSSON Mattias	SWE	#536		18 HM	01:05:38	5'28	Freeflow AC Hässleholm
23	MÅRTENSSON Roland	SWE	#619	66	3 -M	01:05:48	5'29	KSK Triathlon
24	JÖNSSON Anders	SWE	#548		19 HM	01:05:53	5'29	IK Vinco
25	PERSSON Kristofer	SWE	#576		20 HM	01:06:09	5'31	Stockholm
26	TEDGÅRD Tomas	SWE	#592		21 HM	01:06:24	5'32	Memnon IF
27	OLSSON Linus	SWE	#567		22 HM	01:06:29	5'32	Gärds Köpinge
28	RYBERG Fredrik	SWE	#583		23 HM	01:07:00	5'35	Malmö
29	OLSSON Henrik	SWE	#566		24 HM	01:07:33	5'38	Kristianstad
30	DAHL Calle	SWE	#517		25 HM	01:07:43	5'39	Degeberga Runners
31	STÅLHAMMAR André	SWE	#612	96	4 -M	01:07:58	5'40	Tomelilla
32	CRUCE Niklas	SWE	#605		26 HM	01:08:13	5'41	Memnon IF
33	KICKULIES Marc	SWE	#549		27 HM	01:08:48	5'44	Kristianstad



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34	SZYMASKO Roger	SWE	#590		28 HM	01:09:03	5'45	Åhus Friidrott
35	FRASER Malcom	SWE	#527		29 HM	01:10:24	5'52	Tetra Pak IF
36	CARLSSON Dennis	SWE	#513		30 HM	01:10:32	5'53	Hässleholm
37	ERICSSON Marcus	SWE	#521		31 HM	01:12:04	6'00	Broby
38	ZAHIROVIC Sejad	SWE	#624	80	32 HM	01:12:44	6'04	Sparbanken Skåne
39	TÖRMYR Thomas	SWE	#595		33 HM	01:12:48	6'04	Kristianstad
40	KRONHOLM Bobbo	SWE	#551		34 HM	01:12:57	6'05	CWC Lyckeby
41	NORDSTRÖM Niclas	SWE	#602		35 HM	01:13:12	6'06	Coach K Runners
42	ANDERSSON Robin	SWE	#505		36 HM	01:13:21	6'07	Malmö
43	LARSSON Tomas	SWE	#553		37 HM	01:13:39	6'08	Broby
44	KOPFINGER Jan	SWE	#550		38 HM	01:13:41	6'08	Is göta
45	POSTEMA Roelf	SWE	#578		39 HM	01:13:43	6'09	Tetra Pak IF
46	JOHANSSON Albert	SWE	#543		40 HM	01:13:51	6'09	Memnon IF
47	WALLIN Peter	SWE	#598		41 HM	01:13:54	6'09	Non Licensed
48	TRAUSTASON Andri	SWE	#594		42 HM	01:14:58	6'15	Malmö
49	MUSIOLIK Douglas	SWE	#558		43 HM	01:15:06	6'15	Malmö
50	JULIUSSON Per-ola	SWE	#546		44 HM	01:15:26	6'17	CWC Lyckeby
51	VIKTORSSON Johan	SWE	#597		45 HM	01:15:33	6'18	Dalby
52	LÅSTBOM Samuel	SWE	#608	01	3 P18M	01:15:33	6'18	Härlövs IF
53	JANSSON Hampus	SWE	#613	94	46 HM	01:15:55	6'20	Karlshamn
54	GÖRANSSON Anders	SWE	#533		47 HM	01:16:03	6'20	SWEGON
55	CRUCE Mikael	SWE	#516		48 HM	01:16:16	6'21	Memnon IF
56	SVENSSON Kenth	SWE	#588		49 HM	01:16:20	6'22	Ryssbergets Ik
57	PARADIS Carlos	SWE	#571		50 HM	01:16:30	6'22	Memnon IF
58	OLSSON Görgen	SWE	#615	62	51 HM	01:16:47	6'24	Kristianstad
59	ANDERBERG Rasmus	SWE	#503		52 HM	01:16:50	6'24	Non Licensed
60	FROSTDAHL Richard	SWE	#529		53 HM	01:16:50	6'24	Bräkne-hoby
61	NELVING Anders	SWE	#561		54 HM	01:16:55	6'25	Tetra Pak IF
62	ERIKSSON Tobias	SWE	#523		55 HM	01:17:03	6'25	Kristianstad
63	SVANTESSON Martin	SWE	#587		56 HM	01:17:16	6'26	Team Bromskloss
64	SJÖSTRÖM Jimmy	SWE	#585		57 HM	01:17:51	6'29	Non Licensed
65	LUNDKVIST Ingvar	SWE	#623		58 HM	01:17:51	6'29	Lonesom Runners
66	HAFSTRÖM Niklas	SWE	#534		59 HM	01:17:55	6'30	Bromölla



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67	EHRLIN Staffan	SWE	#520		60 HM	01:18:11	6'31	Malmö
68	GUDLAUGSSON Kari	SWE	#611	80	61 HM	01:19:02	6'35	Staffanstorp
69	FLYDEN Patrik	SWE	#526		62 HM	01:19:05	6'35	Axa Sportklubb
70	HOLMSTRÖM Ola	SWE	#540		63 HM	01:19:06	6'35	Sölvesborg
71	HOLSTEIN John	SWE	#610	91	5 -M	01:19:41	6'38	Malmö
72	HÄRSTEDT Mats	SWE	#541		64 HM	01:19:42	6'38	Team JF
73	OTTOSSON Olof	SWE	#569		65 HM	01:19:51	6'39	Pan-Kristianstad
74	PERSSON Henrik	SWE	#575		66 HM	01:20:13	6'41	Careco Sport Club
75	PERSSON Henrik	SWE	#574		67 HM	01:20:18	6'41	Team Acriplan
76	LANDERSSON Torbjörn	SWE	#552		68 HM	01:20:25	6'42	Tetra Pak IF
77	ÖNNERBY Göran	SWE	#609	49	6 -M	01:22:39	6'53	Anderstorps OK
78	PERSSON Carl	SWE	#572		69 HM	01:23:14	6'56	Landskrona
79	LINDELL Björn	SWE	#556		70 HM	01:23:25	6'57	Näsets Triathlon
80	WALL Mikael	SWE	#606	77	7 -M	01:23:27	6'57	Balsby
81	ALBINSSON Olle	SWE	#501		71 HM	01:23:49	6'59	Huaröd
82	ERIKSSON Simon	SWE	#522		72 HM	01:23:51	6'59	Vanneberga
83	REIMERS David	SWE	#581		73 HM	01:24:08	7'01	Hlm Freeflow
84	ALFZON Niclas	SWE	#502		74 HM	01:25:54	7'09	Cwc lyckeby
85	HANSSON Fredrik	SWE	#535		75 HM	01:26:17	7'11	Team 1
86	BLIXT Carl	SWE	#512		76 HM	01:27:42	7'18	Veidekke IF
87	BERGQVIST Pontus	SWE	#510		77 HM	01:28:08	7'21	Meihem Workout
88	OLSSON Per	SWE	#568		78 HM	01:28:58	7'25	OK Pan Kristianstad
89	JÄRVED Niklas	SWE	#547		79 HM	01:29:29	7'27	Team Järved
90	CARTNE Johan	SWE	#515		80 HM	01:29:44	7'29	Non Licensed
91	GRÜNEBERGER Andreas	SWE	#532		81 HM	01:31:12	7'36	Malmö
92	WIK Per-johan	SWE	#599		82 HM	01:31:23	7'37	The Lasses
93	HENRIKSSON Mikael	SWE	#538		83 HM	01:32:13	7'41	Flyinge
94	BARNHOLDT Adam	SWE	#508		84 HM	01:33:11	7'46	Helsinborg
95	SCHREWELIUS Olav	SWE	#584		85 HM	01:34:44	7'54	Degeberga
96	TINGSTEDT Jimmi	SWE	#593		86 HM	01:37:05	8'05	Pan
97	CARLSSON Henrik	SWE	#514		87 HM	01:38:21	8'12	Tollarp
98	LENNARTSSON Johan	SWE	#617		88 HM	01:38:33	8'13	Non Licensed
99	MÅNSSON Tommie	SWE	#560		89 HM	01:38:42	8'13	Team 1



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100	NILSSON Jörn	SWE	#563		90 HM	01:39:06	8'15	Non Licensed
101	NOTEFORS Kent	SWE	#565		91 HM	01:39:34	8'18	Tollarp
102	ARPONEN Kristoffer	SWE	#621		92 HM	01:40:13	8'21	Tyringes Bastuklubb
103	PERSSON Gustav	SWE	#607	82	93 HM	01:41:04	8'25	Farstorps Athletic Club
104	WHITE William	SWE	#634		4 P18M	01:46:39	8'53	Svedala